| Week 1   | Monday                                   | Tuesday                                  | Wednesday                                | Thursday   | <u>Friday</u>                                    |
|----------|--|--|--|--|--|
| AM Snack | Fresh fruit<br>Toast<br>& Milk to drink          | Fresh fruit<br>Toast<br>& Milk to drink          |
| Lunch    | Tomato soup & crusty bread               | Spaghetti & meatballs with garlic bread  | Sandwiches, crisps & pasta salad         | Pasta bolognaise                                 | Chicken bites, waffles & beans                   |
| Pudding  | Yoghurt                                  | Jelly with fruit                         | Custard                                  | Ice cream & sprinkles                            | Chocolate crispies                               |
| PM Snack | Fresh fruit<br>Bagels<br>& Milk to drink | Fresh fruit Pancakes & Milk to drink     | Fresh fruit<br>Scones<br>& Milk to drink | Fresh fruit Pitta bread & cheese & Milk to drink | Fresh fruit Jam & ham sandwiches & Milk to drink |
| Supper   | Chicken goujons, potato wedges & peas    | Chicken korma, rice & naan bread         | Mince, tatties & peas                    | Gammon, tatties & sweetcorn                      | Macaroni   |
| Week 2   | Monday                                   | Tuesday                                  | Wednesday                                | Thursday   | Friday   |
| AM Snack | Fresh fruit<br>Toast<br>& Milk to drink          | Fresh fruit<br>Toast<br>& Milk to drink          |
| Lunch    | Creamy chicken pesto pasta               | Leek & tattie soup with bread and butter | Chicken tikka, rice & naan bread         | Sandwiches, crisps & salad                       | Grilled sausages,<br>waffles & beans             |
| Pudding  | Shortbread                               | Iced sponge                              | Muffins                                  | Cookies & milkshake                              | Yoghurt  |

| PM Snack       | Fresh fruit Crackers & cheese & Milk to drink | Fresh fruit Ricecakes & Milk to drink                               | Fresh fruit Breadsticks with dip, cheese & cucumber & Milk to drink | Fresh fruit Fairycakes & Milk to drink          | Fresh fruit Bagels & Milk to drink         |
|----------------|---|---|---|---|--|
| <u>Supper</u>  | Chilli, rice & nachos                         | Burgers, waffles & beans  | Homemade pizza, crisps and salad                                    | Spaghetti & meatballs with garlic bread         | Chicken & bacon pasta                      |
| Week 3         | Monday  | Tuesday   | Wednesday   | Thursday  | Friday                                     |
| AM Snack       | Fresh fruit<br>Toast<br>& Milk to drink       | Fresh fruit<br>Toast<br>& Milk to drink                             | Fresh fruit<br>Toast<br>& Milk to drink                             | Fresh fruit<br>Toast<br>& Milk to drink         | Fresh fruit<br>Toast<br>& Milk to drink    |
| <u>Lunch</u>   | Sandwiches, crisps & pasta salad              | Fish goujons, rice, peas<br>& cheese sauce                          | Sausage pasta   | Lentil & bacon soup with crusty bread           | Macaroni with smoked sausage               |
| <u>Pudding</u> | Custard                                       | Ice cream & sprinkles   | Iced sponge   | Digestives & raisins                            | Jelly with fruit                           |
| PM Snack       | Fresh fruit<br>Scones<br>& Milk to drink      | Fresh fruit Breadsticks with dip, cheese & cucumber & Milk to drink | Fresh fruit<br>Pizza toast<br>& Milk to drink                       | Fresh fruit<br>Cheese straws<br>& Milk to drink | Fresh fruit<br>Pancakes<br>& Milk to drink |
| <u>Supper</u>  | Chicken & Bacon Pasta                         | Mince, tatties & veg  | Gammon, tatties & sweetcorn   | Chilli, Rice & Naan<br>bread                    | Homemade pizza, crisps<br>& salad          |